



CALIFORNIA DANCE THEATRE'S PRE-PROFESSIONAL TRAINING PLATFORM

2019-2020 SEASON
Director: Kim Maselli

Classical Instruction with World-Class Professionals:

PATRICK FRANTZ - Paris Opera Ballet
ROMY KARZ - New York City Ballet
COLLEEN O'CALLAGHAN - American Ballet Theatre

EXCLUSIVE TRAINING
FOR THE ASPIRING ARTIST.

PHOTO BY JEAN CELESTE PHOTOGRAPHY | DANCER: LEILI RACKON

California Dance Theatre's ***Pre-Professional Training Program (PTP)*** is a supplemental program for the career/college minded dancer. This 8 hour/week program provides the additional training necessary that is achieved in an accelerated environment. Combined with the standard 9 hour/week training program and the 7 hour/week rehearsal process, the additional 8 hour **PTP** will give each dancer a 24 hour/week training regime.

Included in the platform curriculum are:

- Weekly sessions with Dr. Kyle Knox with an emphasis on core dynamics and injury prevention.
- Coaching for Classical Ballet Competitions
- Performing opportunities three seasons a year with affiliate company Pacific Festival Ballet.
- Floor barre, Yoga, and Pilates instruction
- Nutrition & Body Wellness

PRE-PROFESSIONAL TRAINING PROGRAM (PTP) SCHEDULE:

MONDAY	1:30-3:30	PTP Session with Romy Karz
TUESDAY	4:00-5:00	PTP Session with Dr. Kyle - Recovery Work / Core Dynamics
WEDNESDAY	1:30-3:30	PTP Session with Colleen O'Callaghan
THURSDAY	1:30-3:30	PTP Open Studio Sessions for Competition and/or Private Coaching
FRIDAY	1:30-3:30	PTP Session with Patrick Frantz

PRE-PROFESSIONAL TRAINING PLATFORM (PTP) TUITION: \$385/mo.

CDT'S MANDATORY ADVANCED TRAINING & COMPANY REHEARSAL SCHEDULE:

MONDAY	5:00-6:30	Advanced BALLET TECHNIQUE with Nader Hamed
	6:30-8:00	<i>Optional Advanced LYRICAL JAZZ Class</i>
TUESDAY	6:00-7:15	Advanced POINTE with Kim Maselli or BALLET TECHNIQUE with Randall Graham
	7:15-8:45	PFB Company Rehearsal
WEDNESDAY	6:00-7:15	CLASSICAL VARIATIONS with Jean Lubin
	7:15-8:45	<i>Optional CONTEMPORARY/JAZZ Class</i>
THURSDAY	5:45-7:15	Advanced BALLET TECHNIQUE with Francine Kessler
	7:15-8:45	<i>Optional CONTEMPORARY Class</i>
FRIDAY	3:45-5:15	Advanced BALLET TECHNIQUE with Kim Maselli or CLASSICAL VARIATIONS with Jean Lubin
	5:15-7:30	PFB Company Rehearsal
SATURDAY	10:15-11:30	<i>Optional Class MODERN with Deborah Collodel</i>
	11:30-1:00	Advanced BALLET TECHNIQUE with Jonathan Sharp/Colleen O'Callaghan
	1:15-5:00	PFB Company Rehearsal

PTP Tuition includes group coaching for competition, however there will be a separate fee for private coaching and/or instruction. Competition participation is optional, but encouraged.