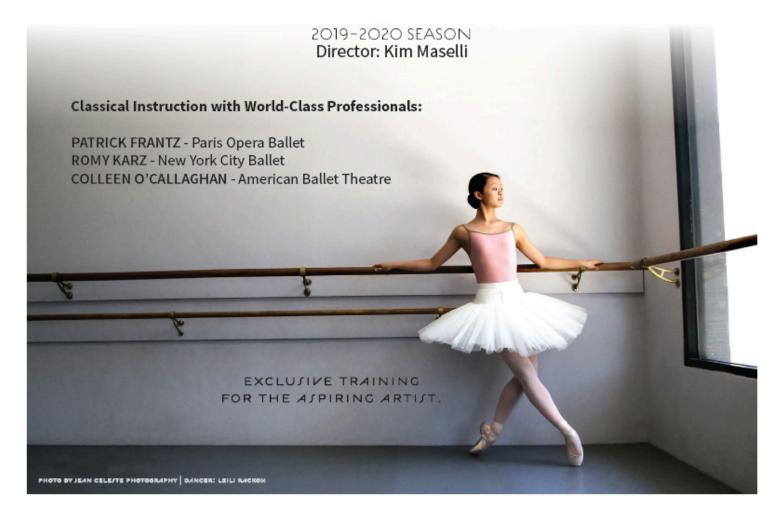


CALIFORNIA DANCE THEATRE'S PRE-PROFESSIONAL TRAINING PLATFORM



California Dance Theatre's *Pre-Professional Training Program (PTP)* is a supplemental program for the career/college minded dancer. This 8 hour/week program provides the additional training necessary that is achieved in an accelerated environment. Combined with the standard 9 hour/week training program and the 7 hour/week rehearsal process, the additional 8 hour **PTP** will give each dancer a 24 hour/week training regime.

Included in the platform curriculum are:

- Weekly sessions with Dr. Kyle Knox with an emphasis on core dynamics and injury prevention.
- Coaching for Classical Ballet Competitions
- Performing opportunities three seasons a year with affiliate company Pacific Festival Ballet.
- Floor barre, Yoga, and Pilates instruction
- Nutrition & Body Wellness

PRE-PROFESSIONAL TRAINING PROGRAM (PTP) SCHEDULE:

MONDAY	1:30-3:30	PTP Session with Romy Karz
TUESDAY	4:00-5:00	PTP Session with Dr. Kyle - Recovery Work / Core Dynamics
WEDNESDAY	1:30-3:30	PTP Session with Colleen O'Callaghan
THURSDAY	1:30-3:30	PTP Open Studio Sessions for Competition and/or Private Coaching
FRIDAY	1:30-3:30	PTP Session with Patrick Frantz

PRE-PROFESSIONAL TRAINING PLATFORM (PTP) TUITION: \$385/mo.

CDT'S MANDATORY ADVANCED TRAINING & COMPANY REHEARSAL SCHEDULE:

MONDAY	5:00-6:30	Advanced BALLET TECHNIQUE with Nader Hamed
	6:30-8:00	Optional Advanced LYRICAL JAZZ Class
TUESDAY	6:00-7:15	Advanced POINTE with Kim Maselli or BALLET TECHNIQUE with Randall
IOLODAI	0.00-7.13	Graham
	7:15-8:45	PFB Company Rehearsal
WEDNESDAY	6:00-7:15	CLASSICAL VARIATIONS with Jean Lubin
WEDNEODY		
	7:15-8:45	Optional CONTEMPORARY/JAZZ Class
THURSDAY	5:45-7:15	Advanced BALLET TECHNIQUE with Francine Kessler
	7:15-8:45	Optional CONTEMPORARY Class
FRIDAY	3:45-5:15	Advanced BALLET TECHNIQUE with Kim Maselli or CLASSICAL
	0.10 0.10	VARIATIONS with Jean Lubin
	5:15-7:30	PFB Company Rehearsal
	3.13-7.30	The Company Refleatsai
SATURDAY	10:15-11:30	Optional Class MODERN with Deborah Collodel
	11:30-1:00	Advanced BALLET TECHNIQUE with Jonathan Sharp/Colleen O'Callaghan
	1:15-5:00	PFB Company Rehearsal
	1.13-3.00	The Company Reflection

PTP Tuition includes group coaching for competition, however there will be a separate fee for private coaching and/or instruction. Competition participation is optional, but encouraged.